

# Chez Mal

taste allergens spring 2023

## Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
MAL DISH - Artisan bread basket	Y Whe							M		Y		M		Y	
MAL DISH - Cheese slate	Y Whe Bar						M Alm Brz Cas Mac Pec Pis Wal			Y				Y	
MAL DISH - baked gnocchi sorentina	Y Whe Rye Bar Oat						Y Alm Brz Cas Haz Mac Pec Pis Wal	M	M	Y	M	M	M		
MAL DISH - Blackberry & Apple crumble, oat & cinnamon crumble topping, custard	Y Whe Oat							Y		Y					

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MAL DISH - buffalo chicken thighs	Y <small>Whe Rye Bar Oat</small>			Y				M		Y	Y	M		Y	
MAL DISH - creme brulee									Y	Y					
MAL DISH - Grilled Cobb Salad, ranch dressing & parmesan - STARTER	M <small>Whe Rye Bar Oat</small>					M			Y	Y	M	Y		Y	
MAL DISH - half roast chicken & frickel	Y <small>Whe</small>							M		Y	Y	Y		Y	
MAL DISH - Jospet Roast Red Pepper & tomato Soup, Garlic croutons & basil cress	Y <small>Whe Rye Bar Oat</small>					M		M		Y	Y	M		Y	
MAL DISH - PD side dish greens & new pots										Y					
MAL Dish - Poached Pear and Sultana Oat crumble	Y <small>Whe Rye Bar Oat</small>				M		M <small>Alm Brz Cas Haz Mac Pec Pis Wal</small>	M		Y			M		
MAL DISH - smoked haddock fish cake	Y <small>Whe</small>			Y				M	Y	Y		Y		Y	
MAL rhubarb crumble	Y <small>Whe Oat</small>							Y		Y					

\* Allergens marked with 'M' may contain that allergen.

■ Yes    ■ May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashews
Haz	Hazelnuts
Mac	Macadamia
Pec	Pecan
Pis	Pistachio
Wal	Walnuts

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