NIBBLES		
PADRÓN PEPPERS (VGI) (201kcal)	5	
GORDAL OLIVES (VGI) (329kcal)	5	
SOURDOUGH BREAD rose harissa butter (VGIA) (504kcal)	6.5	
SMALL PLATES		
SPICED CARROT, CARAMELISED ONION SOUP coconut yoghurt (VGI) (321kcal)	9.5	
FRESH CRAB TACOS handpicked white crab meat, guacamole, lemon (72kcal)	13	
BUFFALO CHICKEN THIGHS buttermilk, hot sauce, jalapeños, celery, roasted garlic aioli (526kcal)	11.5	
LARGE PLATES		
STICKY BEEF FILLET NOODLE SALAD Asian slaw, spring onion, chilli, toasted sesame dressing (701kcal)	24	
MAL BURGER bacon, Gruyère cheese, relish, French glazed bun (1369kcal)	19.5	
FALAFEL & SPINACH BURGER sweet chilli, dill mayo, plant based brioche (VGI) (908kcal)	19.5	
GRASS-FED, HAND-PREPARED SCOTTISH HERITAGE BREED BEEF from award winning butcher Donald Russell, dry aged in Himalayan salt ageing chambers		

Calorie content. Calculations as accurate as possible however slight variations may occur. To maintain a healthy weight, the daily recommended intake of calories for adults is around 2,000 calories a day. All of our prices include VAT.

26

FLAT IRON

220g frites, roasted onion (395kcal)

A discretionary service charge of 12.5% will be added to your bill.

SIDES

FRIES (VGI) (491kcal)	5.5
BLACK TRUFFLE & PARMESAN FRIES (1556kcal)	8.5
SANDWICHES	
HUMMUS, VEGAN FETA WRAP avocado, cucumber, spring onion, coriander, toasted chickpeas, sesame (VGI) (554kcal)	10
FISH FINGER WRAP cod goujons, tartare sauce, iceberg lettuce (964kcal)	13
SOURDOUGH CLUB SANDWICH grilled chicken, Ayrshire bacon, beef tomato, Gruyère cheese, fried egg, iceberg lettuce (846kcal)	14
STICKY BEEF FILLET, NOODLE WRAP Asian slaw, spring onion, chilli, toasted sesame dressing (889kcal)	13
B.L.T SOURDOUGH ROLL Ayrshire bacon, iceberg lettuce, beef tomato, avocado, mayo (641kcal)	12
all served with slaw / available until 5pm	
PASTRIES	
BREAKFAST MUFFINS choice of: sweet cured bacon, fried eggs, Cumberland sausages (923kcal 896kcal 923kcal)	8



MORNING PASTRIES

2 Danish pastries of the day (V) (271kcal)

For special dietary requirements or allergy information, please speak with a member of our team before ordering. To prioritise your safety, we're unable to modify dishes for allergens. However, a full allergen matrix is available. Although we endeavour to do so,

3.5

we cannot guarantee that any of our dishes are allergen free or fulfil dietary requirements due to possible cross contamination during production. [VGI] = Does not include any ingredients derived from animals. [VGIA] = Alternative available that does not include any ingredients derived from animals. [V] = Vegetarian. Cheese boards may contain unpasteurised cheese.