

# Chez Mal

savory spring allergens 2023

## Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
MAL DISH - Artisan bread basket	Y Whe							M		Y		M		Y	
MAL DISH - Cheese slate	Y Whe Bar						M Alm Brz Cas Mac Pec Pis Wal			Y				Y	
MAL DISH - baked NY cheesecake	Y Whe								Y	Y					
MAL DISH - Cauliflower Soup, Coriander, curry oil * onion Bhaji	Y Whe Rye Bar Oat							M			M	Y	M	Y	

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MAL DISH - grilled black bream, cherry tomato & samphire				Y							M	M			
MAL DISH - Mozzarella and Heritage Tomatoes	M Whe Rye Bar Oat									Y	M	M		Y	
MAL DISH - PD side dish greens & new pots										Y					
MAL DISH - Prawn Cocktail, tiger prawn & Marie rose sauce		Y							Y		Y	Y		Y	
MAL DISH - smoky baby back ribs	Y Whe Bar			Y				Y		Y	Y	Y		Y	
MAL DISH - spring green MAC N CHEESE	Y Whe							M		Y					
MAL DISH - Sticky toffee pudding	M Whe Rye Bar Oat				M		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y			M	M	
MAL DISH - valrhona chocolate mousse, creme fraiche, honeycomb & mint	Y Whe Rye Bar Oat							Y		Y	M	M		Y	

\* Allergens marked with 'M' may contain that allergen.

■ Yes    ■ May Contain

	Allergen
Whe	Wheat

Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashews
Haz	Hazelnuts
Mac	Macadamia
Pec	Pecan
Pis	Pistachio
Wal	Walnuts

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