

Chez Mal

josper grill carte allergens 2022

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
Italian Olives															
MAL DISH - Artisan bread basket	Y Whe						M Wal	M		Y		M	M	Y	
MAL DISH -Tomato Houmous and Grilled Flatbread	Y Whe							Y		Y			Y		
Bearnaise Sauce - Josper									Y					Y	
MAL DISH - Chimichuri														Y	
MAL DISH - Garlic Butter										Y					

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MAL DISH - Peppercorn Sauce							Y Unknown			Y	Y				
With Blue Cheese - Josper										Y					
With Hens Eggs - Josper									Y	Y					
With Prawn Skewers - Josper		Y								Y					
MAL DISH - Ahi Tuna Tartare, avocado, wasabi & sweet soy				Y				Y			M	Y	Y	Y	
MAL DISH - Beef Fillet Carpaccio, confit tomato, parmesan & Truffle Dressing	Y Whe Bar			Y			M Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y		Y		Y	
MAL DISH - fried salt & pepper calamari, lime & scotch bonnet tartare sauce	Y Whe		Y					M	Y	Y	M	Y			
MAL DISH - Josper Roast Red Pepper & tomato Soup, Garlic croutons & basil cress	Y Whe Rye Bar Oat					M		M			Y	M		Y	
MAL DISH - Prawn Cocktail, tiger prawn & Marie rose sauce		Y							Y		Y	Y		Y	
MAL DISH - roast marinade beetroots endive & gorgonzola salad										Y	M	Y		Y	
MAL DISH - Scallop Grilled in their Shell, with herb and garlic butter			Y							Y	M	M			
MAL DISH - Crushed Pea Ravioli, Gorgonzola, sage & pine nut butter	Y Whe Rye Bar Oat				M		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y			M	Y	

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MAL DISH - Grilled tuna, Choi sum, Chilli & soy dressing				Y				Y					Y		
MAL DISH - lemon & rosemary chicken Milanese, preserved lemon & Autumn leaf salad, Aioli	Y Whe							M	Y	Y	M	Y		Y	
MAL DISH - roast cod, charred cabbage & carrot & ginger puree				Y						Y					
MAL DISH - Mal Black bean burger, roast red pepper, Fries, Relish	Y Whe Rye Bar Oat	M	M	M	M	M	M Alm Brz Cas Haz Mac Pec Pis Wal	Y	M	M	Y	Y	Y	Y	
MAL DISH - Mal Burger, Fries, Relish	Y Whe Rye Bar Oat						Y Wal	Y	Y	Y	Y	Y	Y	Y	
MAL DISH - Pave Rump Steak												Y		Y	
MAL JOSPER DISH - 1kg T bone												Y		Y	
MAL JOSPER DISH - 450G cote												Y		Y	
MAL JOSPER DISH - 450g sirloin												Y		Y	
MAL JOSPER DISH - 900g wing rib												Y		Y	
MAL JOSPER DISH - fillet steak												Y		Y	1
MAL JOSPER DISH - 450g Tbone												Y		Y	
MAL DISH - Autumn Slaw									Y	Y	M	Y		Y	
MAL DISH - Crisp Gem Hearts & Gorgonzola				Y					Y	Y		Y	M	Y	

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MAL DISH - Mac N Cheese	Y Whe							M		Y					
MAL DISH - Onion Rings	Y Whe Rye Bar Oat														
MAL DISH - Portion of Fries															
MAL DISH - Sauted Garlic & Chilli Field Mushrooms															
MAL DISH - Truffle Creamed Spinach Gratin	Y Whe							M		Y					
MAL DISH -Truffle & Parmesan Fries										Y					
MAL DISH - Cheese slate	M Whe Rye Bar Oat				M		M Alm Brz Cas Haz Mac Pec Pis Wal			Y			M	Y	
MAL DISH - baked NY cheesecake	Y Whe								Y	Y					
MAL DISH - Chocolate and Peanut Butter Pudding, salted caramel icecream	Y Whe				Y		M Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y		M			
MAL DISH - Ice Cream 1 scoop					Y		Y Unknown		Y	Y					
MAL DISH - Ice Cream 2 Scoop					Y		Y Unknown		Y	Y					
MAL DISH - Ice Cream 3 Scoop					Y		Y Unknown		Y	Y					

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MAL DISH - Ice Cream 4 Scoop					Y		Y Unknown		Y	Y					
MAL Dish - Poached Pear and Sultana Oat crumble	Y Whe Rye Bar Oat				M		Y Alm Brz Cas Haz Mac Pec Pis Wal	M		Y			M	M	
MAL DISH - Smores sundae	Y Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y	M	M	M	Y	
MAL DISH - Sticky toffee pudding	M Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y			M		

* Allergens marked with 'M' may contain that allergen.

 Yes  May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts

Cas	Cashews
Haz	Hazelnuts
Mac	Macadamia
Pec	Pecan
Pis	Pistachio
Wal	Walnuts

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