

# Chez Mal

## Hot Items Allergens Report

hot breakfast spring / summer allergens 2022

### Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
MAL DISH - Bacon Benedict	Y Whe							Y	Y	Y	M	M	M	Y	
MAL DISH - Boiled Eggs & soldiers	Y Whe Rye Bar Oat								Y						
MAL DISH - Full Cooked Breakfast	Y Whe Bar Oat							M	Y	M	M	M		Y	
MAL DISH - Grilled Kippers with lemon & herb butter				Y						Y	M	M			
MAL DISH - Mushroom Benedict	Y Whe							Y	Y	Y	M	M	M	Y	

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
MAL DISH - Porridge & Berries	Y Whe Bar Oat									Y					
MAL DISH - Salmon and Scrambled Eggs				Y					Y	Y					
MAL DISH - Veggie Cooked Breakfast MAL	Y Whe								Y	Y	Y	Y			
Salmon Benedict	Y Whe			Y				Y	Y	Y	M	M	M	Y	

\* Allergens marked with 'M' may contain that allergen.

 Yes     May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashews
Haz	Hazelnuts
Mac	Macadamia

Pec	Pecan
Pis	Pistachio
Wal	Walnuts

hot breakfast spring / summer allergens 2022