



f4t mid morning break allergies 23

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
MAL DISH - F4T - spring 23 - selector - Mid Morning Break - brownie	M <small>Whe Rye Bar Oat</small>	M	M	M	M	M	M <small>Alm Brz Cas Haz Mac Pec Pis Wal</small>	M	M	M	M	M	M	M	
MAL DISH - F4T - spring 23 - selector - Mid Morning Break - cookies	Y <small>Whe Rye Bar Oat</small>						M <small>Alm Brz Cas Mac Pec Pis Wal</small>	Y	Y	Y					
MAL DISH - F4T - spring 23 - selector - Mid Morning Break - fruit skewers											M	M			

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
MAL DISH - F4T - spring 23 - selector - Mid Morning Break - shortbread	Y Whe Rye Bar Oat				M		M Alm Brz Cas Haz Mac Pec Pis Wal	M		Y					

\* Allergens marked with 'M' may contain that allergen.

 Yes     May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashews
Haz	Hazelnuts
Mac	Macadamia
Pec	Pecan
Pis	Pistachio
Wal	Walnuts

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