

SPA / MENU

Mahmaison

FIND YOUR INNER CITY PEACE WITH

A TREATMENT AT *Mahmaison* SPA.

THERE'S SOMETHING FOR EVERYONE SO

LET'S UNWIND AND TREAT YOUR SENSES.

SPA ETIQUETTE /

To ensure that our guests are able to relax and enjoy the tranquil and peaceful environment, please refrain from using your mobile phone. It should be noted that we ask you to arrive 15 minutes prior to your treatment time in order to complete a consultation form and prepare for your treatment.

CANCELLATION CHARGES

Credit card details will be required for all bookings. Should you need to cancel a treatment with less than 24 hours notice, we reserve the right to charge for the booked treatment if we are unable to re-sell the allocated time. A 10 day cancellation policy is in place for group bookings of 5 people or more and for Spa Packages.

INFORMATION & ADVICE

All treatments are subject to therapist's availability. All treatment times include consultation and aftercare advice. Each spa has different facilities, please ask each site for more information.

WAXING /

LYCON
STRIP WAX

LYCON
HOT WAX

(Sensitive, Less Painful)

FULL LEG	£32	•
HALF LEG	£22	•
FULL ARM	£22	•
FOREARM	£16	•
UNDERARM	£16	£18
EYEBROWS	£11	£13
LIP AND CHIN	£13	£16
LIP OR CHIN	£9	£11
BIKINI	•	£22
EXTENDED BIKINI	•	£24
BRAZILIAN	•	£28
HOLLYWOOD	•	£34

WE OFFER COURSES ON ALL OF OUR TREATMENTS WHICH OFFER A FURTHER SAVING:

COURSE OF 3 – Treatment Discount 10%

COURSE OF 6 – Treatment Discount 15%

Courses must be paid for in full and are non transferable and non refundable. Please ask your therapist for more information.

HANDS & FEET/

Nails have their own DNA, their own specific strengths and weaknesses – just like hair and skin. It is impossible to treat all nails the same and keep them healthy.

PRESCRIPTIVE MANICURE

This nail and cuticle tidy includes a hand and arm massage followed by an application of colour polish.

£32.50 *¾ hour*

DELUXE MANICURE WITH THERMAL MITTENS

Incorporating the Prescriptive Manicure, thermal mittens aid a deeper skin drenching of oils and creams, softening cuticles and improving circulation.

£37.50 *1 hour*

PEDICURE

A luxury foot treatment that will leave you with smoother, softer and revitalised feet, finishing with an application of colour polish.

£37.50 *1 hour*

DELUXE SPA PEDICURE

Incorporating the Pedicure, thermal booties will drench your feet with moisture and intensify absorption, followed by pressure point massage and lymph drainage.

£42.50 *1¼ hour*

FILE & POLISH ON HANDS OR FEET

£18 *½ hour*

SHELLAC NAILS

Shellac nails delivers a high shine, chip free finish for up to two weeks, and is designed to continue to protect the natural nail – from application to wear and soak-off removal.

SHELLAC APPLICATION

£30 $\frac{3}{4}$ hour

SHELLAC MANICURE

£42.50 1 hour

SHELLAC SPA PEDICURE

£47.50 1 $\frac{1}{4}$ hour

SHELLAC SOAK OFF

£15 $\frac{1}{2}$ hour

SHELLAC SOAK OFF & REFRESH

£37.50 1 hour

£3 extra for French polish to any nail treatment.

**RELAX
RENEW
REFRESH** /

BEAUTY/ **SPRAY TANNING**

This multi award-winning Spray Tan transforms the skin, leaving you with a long-lasting, flawless tan.

MOROCCAN CLASSIC SPRAY TAN

£19.95 20 minutes

MOROCCAN DARK TAN

£19.95 20 minutes

NEW MOROCCAN EXPRESS TAN

£25 20 minutes

This new express tan has a faster developing time between 1-3 hours depending on your desirable shade.

PRE TAN EXFOLIATION

£15 ¼ hour

7 DAY TOP UP TAN

£15 ¼ hour

LASHES

(Available at selected Spas)

Semi Permanent Lashes are natural looking, weightless and can last up to 6 weeks! No need for mascara which means you can shower, exercise, swim, sleep and even cry without worrying about your fabulous new look.

FULL SET SEMI-PERMANENT EYELASH EXTENSIONS

£65 1½ hour

SEMI PERMANENT EYELASH INFILLS

£29 ¾ hour (every 2-3 wks)

EXPRESS LASHES

£40 ¾ hour (Includes Removal)

Express lashes enhance your natural lash, making them appear fuller & longer without the need to apply mascara. The application method differs from the semi-permanent lashes, affecting the duration of the lash. They can be worn for 1-2 weeks before being removed professionally.

STRIP LASHES

£13 Purchase & application

£5 Application/tinting

Eyebrow Tint* £10 /
Eyebrow Tint* & Shape £15 /Eyelash Tint* £15 /
Eyebrow & Eyelash Tint* £20 /
Eyebrow Shape, Eyebrow Tint &
Eyelash Tint* £25

*24 hour patch test required

HIGH DEFINITION BROWS

£35 per treatment (Available at selected Spas)

Available at selected Spas
The most recognised brow brand in the UK – offering more than just a treatment, this is an experience. Completely bespoke.

BODY/

TOTAL HOLISTIC BODY CARE

This all-encompassing treatment commences with a full body skin brushing and exfoliation to prepare the skin, leaving it feeling soft and smooth. This is then followed by a body, face and scalp massage using a blend of essential oils chosen to suit individual requirements

£75 *1 ½ hour*

AROMATHERAPY MASSAGE

Using a blend of individually chosen oils, a personal consultation will ensure you will receive a unique treatment to suit your specific needs.

£62 *1 hour* / £36 *½ hour*

BESPOKE DEEP TISSUE MASSAGE

Focusing on relieving specific stress and muscle tension through a deep rhythmic pressure massage.

£67 *1 hour* / £42 *½ hour*

LIFE SAVING BACK TREATMENT

A stress relieving back treatment with deep cleansing, body brushing and exfoliation to help stimulate circulation and cell renewal, followed by a luxurious aromatherapy massage and body mask using individually chosen essential oils combined with marine mud.

£55 *¾ hour*

SALT SCRUB

This exceptional skin softening body exfoliation combines sea salts with nourishing essential oils to leave your skin moisturised, smooth and soft.

£36 *25 minutes*

ORIENTAL SCALP MASSAGE

A deeply relaxing treatment for those who hold tension in their shoulders and mind, focusing on acupressure points throughout the shoulders, neck and scalp helping to stimulate lymph.

Please see website for details of pricing and availability.

£36 *½ hour*

ADVANCED BODY/ TREATMENTS

PRE/POST NATAL BACK MASSAGE

£40 ½ hour

PRE/POST NATAL FULL BODY MASSAGE

£65 1 hour

PRE/POST NATAL BODY TREATMENT

£75 1½ hour

A deeply nourishing body massage designed to target areas prone to stress & tension during or after pregnancy. Gentle back exfoliation, if required, is followed by a soothing massage specifically designed to suit your individual concerns, focusing on the areas to alleviate muscular aches, whilst helping to relax, restore and revitalise. Note: Prenatal guests must be past their first trimester – 3 months

UNIVERSAL CONTOUR WRAP

Available at Malmaison Aberdeen only

The classic inch loss treatment that combines the application of a unique natural clay solution with specific wrapping techniques. It is this combination that makes the treatment so effective with a guaranteed overall inch loss of at least 6 inches. A course of 3 treatments is recommended.

£75 2 hour

ESPA BODY WRAPS

The body wrap is a tailor-made experience designed to comfortably raise the temperature and induce perspiration to help eliminate toxins and increase the effects and absorption of the wrap. Following skin brushing and exfoliation, a complete body wrap of either Detoxifying Algae, Marine Mud or Skin Hydrator combined with essential oils is blended and applied to meet your specific needs. The treatment ends with a mind calming Oriental Scalp Massage during the envelopment for ultimate relaxation.

£60 1 hour

FACIALS/

HOLISTIC BACK FACE & SCALP TREATMENT

A truly holistic experience combining a Deep Cleansing Back Exfoliation with a powerful Back Massage using essential oils to soothe, relax and balance. This is followed by an ESPA Intensive Facial tailored to your individual needs and finishes with a therapeutic Head Massage to help clear the mind, calm the spirit and ease tension.

£75 *1½ hour*

ESPA SPECIFIC FACIAL

Our facials begin with a detailed consultation and in-depth skin analysis using technology to identify skin conditions not visible to the naked eye. This facial is for all skin types and specifically tailored to you, to include cleansing, exfoliation and a treatment specific massage and mask. Finally, skincare products are chosen for your individual needs to achieve the best possible results.

£60 *1 hour*

ADVANCED FACIALS/

AGE-DEFYING FACIAL

This Age-Defying Facial with active serum and firming eye treatment helps minimise fine lines, combat the signs of ageing and visibly improves the appearance of your skin. Special age-defying massage techniques help hydrate and protect your skin with particular focus on the delicate area around the eyes, neck and lips are prone to fine lines. Skin is left feeling fresh replenished and nourished.

£72 *1½ hour*

REGENERATING FACIAL WITH FIRMING EYE TREATMENT

A luxurious and regenerating facial for maturing skin to help minimise lines and wrinkles around the eyes, neck, lips and jaw line. This treatment visibly improves the appearance of the skin by using a selection of age-defying products to replenish and revitalise the skin, leaving your complexion toned, radiant & rejuvenated.

£68 *1¼ hour*

REGENERATING FIRMING EYE TREATMENT

Perfect for those who are concerned with the first signs of ageing which appear around the eye area. An effective firming and hydrating treatment using products rich in Ginkgo Biloba and Evening Primrose. This treatment also helps relieve eye-strain tension, computer headaches and contact lens wearing, whilst being a luxurious addition to any ESPA facial.

£35 ½ hour

CELLULAR RENEWAL ENZYME FACIAL

Only available at some sites

A powerful and highly effective facial to boost cell regeneration and give an instant smooth, softly glowing complexion. A deep brush cleanse is followed by an intense Enzyme Peel containing botanical extracts and Pumpkin Enzymes to deeply exfoliate and remove dead skin cells. A soothing massage with Rose Quartz Crystals helps cool and calm the skin, followed by the application of a lifting and smoothing mask to give your skin a more plumped and firmer appearance.

£90 1½ hour

ACTIVE PEEL FACIAL

Only available at some sites

This powerful and highly effective natural facial peel dramatically smoothes, softens and evens skin tone. A brush cleanse, followed by an intense Enzyme Peel containing botanical extracts and pumpkin enzymes deeply exfoliates and removes dead skin cells, followed by an application of soothing Rose Quartz Crystals to help cool and calm, revealing an ultra smooth, glowing complexion.

£75 1 hour

HOLISTIC/

HOPI EAR CANDLING

Only available at some sites

This is a centuries-old treatment handed down through generations. Hopi ear candling is the ultimate relaxation treatment, helping to reduce the build-up of excess ear wax and alleviate pressure caused by headaches, colds & flu.

£36 ½ hour

REFLEXOLOGY

Only available at some sites

An oriental foot massage working on the pressure points of the foot that relate to certain parts of the body. This gentle therapy encourages the body to heal itself as an enhanced but natural pace, easing tensions, circulation & fatigue and promoting a general feeling of well-being.

£55 1 hour

PACKA- GES /

The perfect way to unwind, any day of the week. Indulge your senses and your taste buds with our incredible spa packages. From little spa treats to ultimate top to toe experiences with delicious dining included, treat yourself to ultimate relaxation, you deserve it...

ULTIMATE TOP TO TOE EXPERIENCE

Exfoliating Salt Scrub, Full Body Massage with Hot Stones, Regenerating Facial with Firming Eye Treatment, Deluxe Manicure, Deluxe Pedicure. Lunch with a glass of fizz and Mal chocolates.

£250 *4½ hour plus lunch*

TOTAL INDULGENCE DAY

Aromatherapy Full Body Massage, Aromatherapy Facial, Prescriptive Manicure or Pedicure. Lunch with a glass of fizz and Mal chocolates.

£160 *3 hour plus lunch*

HALF DAY HOLISTIC

Aromatherapy Facial, Aromatherapy Back Massage, Prescriptive Manicure or Pedicure. Lunch with a glass of fizz and Mal chocolates.

£130 *2½ hour plus lunch*

FOR HIM

All of our face & body treatments are unisex but here are a few that are slightly more tailored...

MEN'S PURIFYING FACIAL, SHOULDER & SCALP MASSAGE

City pollution, environmental stress, travel, business pressures or lack of sleep are reflected in dull, lifeless skin. This relaxing facial works at a deep molecular level to purify, balance & hydrate the skin leaving you feeling de-stressed and renewed.

£60 *1 hour*

LIFE SAVING BACK TREATMENT

A stress relieving back treatment with deep cleansing, body brushing and exfoliation to help stimulate circulation and cell renewal, followed by a luxurious aromatherapy massage and body mask using individually chosen essential oils combined with marine mud.

£55 *¾ hour*

HOLISTIC BACK, FACE & SCALP TREATMENT

A truly holistic experience combining a deep cleansing back exfoliation with a powerful back massage using essential oils to soothe, relax and balance. This is followed by an ESPA Intensive Facial tailored to your individual needs and finishes with a therapeutic head massage to help clear the mind, calm the spirit & ease tension.

£75 *1½ hour*

STRESS RELIEVER TOTAL HOLISTIC BODY CARE

This all-encompassing treatment commences with a full body skin brushing and exfoliation to prepare the skin, leaving it feeling soft and smooth. This is then followed by a body, face and scalp massage using a blend of essential oils chosen to suit individual requirements.

£75 *1½ hour*

HANDS & FEET/

GENTLEMEN'S HAND CARE

A conditioning and softening hand treatment, nails & cuticles tidied and easily pushed back complete with hand and arm massage.

£32.50 *½ hour*

EXECUTIVE FOOT CARE

A foot treatment that reduces the build up of hard skin, toenails trimmed, filed and cuticles conditioned then easily pushed back, complete with foot and leg massage.

£32.50 *½ hour*

GROOMING/

CHEST WAX	£22
BACK WAX	£22
BACK & SHOULDER WAX	£28
CHEST, BACK & SHOULDER WAX	£45

For more details or to book any of our spa packages, contact

ABERDEEN/

01224 327 380

spa.aberdeen@malmaison.com

BIRMINGHAM/

0121 246 5008

spa.birmingham@malmaison.com

MANCHESTER/

0161 278 1010

spa.manchester@malmaison.com

NEWCASTLE/

0191 245 0580

spa.newcastle@malmaison.com

If you need to cancel your treatment please get in touch at least 24 hours beforehand.

To enquire or make a booking for overnight stay and spa packages please contact the Spa Desk.

SPA DESK/

0330 016 0382

spadesk@malmaison.com

ESPA

malmaison.com

Terms and conditions apply
See our website for more details