

# Chez Mal

## -F4T Plated Lunch - Easy Breezy Allergens Report

easy breezy allergens spring 23

### Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
MAL DISH - F4T spring 23 - Easy Breezy Plated Lunch	Y Whe Rye Bar Oat				Y	M	Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y	M	Y	Y	Y	

\* Allergens marked with 'M' may contain that allergen.

■ Yes ■ May Contain

Allergen
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Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashews
Haz	Hazelnuts
Mac	Macadamia
Pec	Pecan
Pis	Pistachio
Wal	Walnuts

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