



SPA
MENU

Mahmaison

A close-up photograph of several aloe vera leaves, showing their characteristic serrated edges and textured surface. The leaves are arranged in a fan-like pattern, with some pointing towards the top and others towards the bottom. The color is a vibrant green, and the lighting highlights the natural ridges and grooves on the leaves.

SPA USE FOR HOTEL GUESTS

All spa guests need to be over the age of 16, and all guests under 18 need to be accompanied by an adult.

MEDICAL

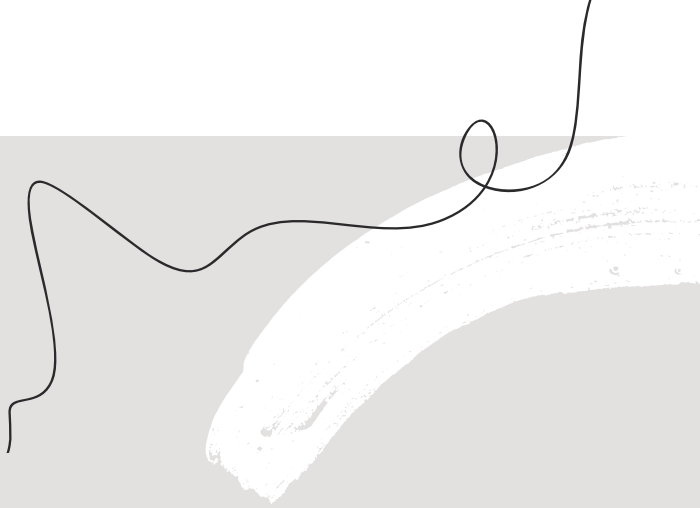
Please make our spa team aware of any medical conditions or allergies at the time of booking, this includes any recent surgery and pregnancy.

BOOKING & CANCELLATION

Full payment is required at the time of booking for all treatments and spa packages. Cancellations need to be received at least 24 hours before day of the booking to reschedule or refund. Failure to do so will incur a 100% cancellation charge.

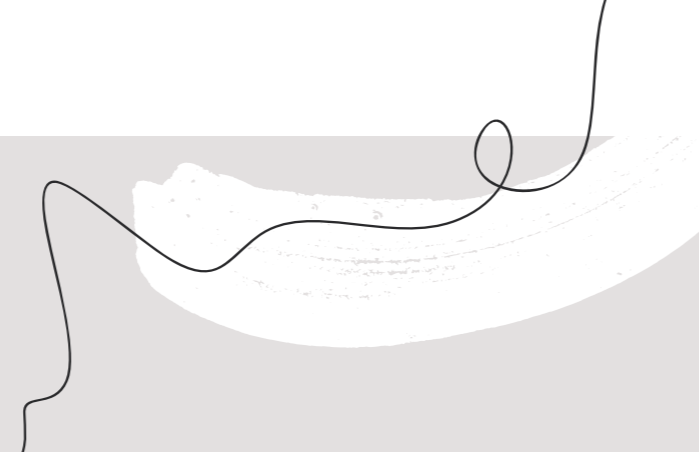
TREATMENT TIMES

All treatment time includes pre-treatment consultation and aftercare.

A minimalist line drawing of a woman's profile, facing right. The drawing is composed of simple, elegant lines that define the forehead, nose, lips, and chin. The background is a light gray, and the drawing is positioned in the upper right quadrant of the page.

If you're looking for a quick fix, regular beauty maintenance, luxurious spa day or even the perfect place for that special occasion, Malmaison Spa is the place you have been searching for, offering the very best in luxury Spa and Beauty treatments. Pamper yourself with our range of relaxing ESPA face and body treatments and day spa packages. This is the inner-city escape you've been looking for.





ESPA FACIALS

Reveal skin that glows each day with natural health and beauty. By assessing your skin, lifestyle and wellbeing needs, our ESPA Experts create a truly personalised, results-focused facial using the latest innovative techniques with our powerful ESPA blends. Results are both instant and long-lasting – skin looks clear, radiant and inner calm is blissfully restored.

ESPA INNER BEAUTY FACIAL

55 MINS £65

Deeply cleanse, hydrate and renew with this instant results facial. Tailored to your skin's precise needs, ESPA formulas work immediately to transform your complexion while pure aromatherapeutic oils encompass your mind. Skin looks clear, quenched, naturally beautiful and inner calm is blissfully restored.

ESPA OPTIMAL SKIN HEALTH FACIAL

55 MINS £65

Visibly revive skin's natural beauty, balance and health. Achieving instant results with long-lasting benefits, this intelligent facial harnesses nature's most potent actives alongside high performance massage to deeply cleanse, refine and hydrate skin. You emerge with a smooth, profoundly nourished complexion, glowing with natural health.

ESPA INTENSE REGENERATING FACIAL

55 MINS £65

Visibly diminish wrinkles and fine lines with this powerfully age-defying facial. Instantly effective, naturally renewing formulas combined with restorative massage to noticeably tone, plump and intensely hydrate mature skin. Youthful radiance is awakened and your skin is left feeling beautifully refined, soft and supple.

ESPA EXPRESS FACIAL

25 MINS £40

Reveal a clear, refreshed, naturally beautiful complexion with this express facial. Personalised to your needs, natural active formulas cleanse, rebalance and hydrate while aromatic essential oils capture your mind, leaving you looking and feeling relaxed and radiant.



A photograph showing the back and shoulders of a person with dark, curly hair. Two hands are placed on their back, one on the upper shoulder and one on the lower back, suggesting a massage. The person is lying on a light-colored surface.

ESPA BODY MASSAGE

Rediscover inner calm and physical wellbeing. Here, genuine care is taken to address your individual needs, with natural formulas and holistic techniques specially applied to provide a profoundly effective experience for both mind and body. Muscular tensions are released, your soul feels soothed and you emerge energised with renewed focus and lasting positivity.

ESPA INNER CALM MASSAGE

25/55 MINS £40/£67

Quiet your mind, release tension and nourish your skin with this holistic, ultimately restorative experience. Personalised to your physical and emotional needs, carefully chosen aromatherapy blends relax, cleanse or energise, while advanced massage alleviates muscular pressure, soothes anxiety and invokes profound relaxation. Mind and body feel balanced, energy renewed and inner calm beautifully restored.

ESPA DEEP MUSCLE MASSAGE

25/55 MINS £45/£72

Restore comfort, suppleness and movement with this intensely effective massage. Active stretching and specialised massage with expertly blended aromatherapy oils alleviate deep-seated tension in the neck, shoulders and back with instant and lasting effect. Muscular pain is diminished, leaving you feeling stronger and more energised.

ESPA HOT STONE MASSAGE

25/55 MINS £45/£72

Discover lasting relaxation for mind and body with this aromatherapeutic treatment. Tailored massage with hot stones unravels persistent muscular tightness and discomfort while pure, aromatic essential oils encompass the mind to relieve stress, recharge spirits and leave you feeling rejuvenated.

90 minute massages are available at York from £92

A decorative graphic on the right side of the page consisting of two teal dots of different sizes and a thin black line that starts below the dots and curves downwards and to the left.



ESPA BODY TREATMENTS

Guided entirely by your personal needs, expect instant and long-lasting results from these profoundly renewing rituals. Unique in every sense, they make use of nature's most powerful and effective active oils, coupled with innovative techniques from our expert therapists. Your body feels rebalanced and skin's natural beauty is restored.

ESPA BACK, FACE & SCALP TREATMENT 90 MINS £99

Unravel tension, instantly boost your complexion and restore inner calm with our most renowned treatment. Targeted massage techniques combine with the purest aromatherapy oils and a highly-personalised facial helping you to look and feel your very best – restored, de-stressed and beautifully radiant.

ESPA TOTAL HOLISTIC BODY CARE TREATMENT 90 MINS £95

An all-encompassing top to toe luxury treatment, full body skin brushing and exfoliation, full body massage, scalp massage and facial pressure point massage.

ESPA BODY WRAP 55 MINS £65

Purify your body or deeply replenish your skin with this personalised body wrap. Reveal instant results from naturally detoxifying Algae or nourishing Marine Mud. Skin looks refined, toned and beautifully radiant, while a soothing scalp massage restores inner calm.

ESPA FULL BODY SALT & OIL EXFOLIATION 25 MINS £40

Revive skin's natural softness and glow with this intensely exfoliating treatment. An ideal way to prepare skin for other treatments, a natural blend of sea salt and the purest oils polishes away dull, dry cells and infuses skin with rich nourishment. Skin feels smooth, supple and looks radiantly healthy.

ESPA LIFE SAVING BACK TREATMENT 45 MINS £60

A deep cleansing, smoothing and stress relieving treatment for both your back and the back of your legs. Your body will be brushed and polished for that next level of exfoliation followed by a massage to stimulate the circulatory system. The treatment will be complete after skin specific masks and moisturisers have been applied for optimally radiant results.

ESPA SCALP MASSAGE 25 MINS £36

A deeply relaxing massage for those who hold tension in their neck, shoulders or suffer from headaches. Focusing on acupressure points in the shoulders, neck and scalp, helping to stimulate and relieve tension.

ESPA FULL BODY RITUAL

2 HOURS £120

Unravel tension, instantly boost and restore inner calm with our most renowned treatment. Targeted massage techniques combine with the purest aromatherapy oils helping you to feel your very best – restored and de-stressed. Includes: full body exfoliation, full body massage with or without hot stones and scalp massage.

ESPA BACK, FACE & FOOT RITUAL

1 HOUR 45 MINS £110

Soothe away stress and return body and mind to the present moment with this holistic and blissfully re-balancing experience. Unique in every way, with deeply therapeutic massage to release physical and emotional anxieties, relax the mind and restore a positive spirit. Includes: inner calm back massage, inner beauty facial and foot massage.

ESPA TOP TO TOE RITUAL

90 MINS £95

Relax and revive body and mind with this multi-targeted body and facial treatment. Instantly alleviate tension with this powerful yet soothing treatment. Using personally selected essential oils, persistent tension in the back is eased, skin looks re-energised, and a positive mind-set is restored. Includes: inner calm back massage, express facial and full body exfoliation.

ESPA BACK, FEET & SCALP RITUAL

90 MINS £95

Revive your body and enliven your spirits with this invigorating treatment. Working swiftly and deeply where you need it most, traditional massage with pure, nourishing oils boosts circulation, alleviates tight, aching muscles and awakens the body from top to toe. Includes: inner calm back massage, scalp massage and foot massage.

ESPA ULTIMATE FACE & BODY

2 HOURS £120

Release tension and nourish your skin with this holistic, ultimately restorative experience. Personalised to your physical and emotional needs, carefully chosen aromatherapy blends relax, cleanse or energise, while advanced massage alleviates muscular pressure. Deeply cleanse, hydrate and renew with the inner beauty facial. Skin looks clear, quenched, naturally beautiful, and inner calm is blissfully restored. Includes: inner calm full body aromatherapy massage and inner beauty facial.

ESPA LIFE SAVING BACK & FACE RITUAL

1 HOUR 45 MINS £99

Exfoliate, detox and massage to reveal instant results from naturally detoxifying Algae or nourishing Marine Mud. Skin looks refined, toned and beautifully radiant, while the inner beauty facial restores inner calm and radiant skin. Includes: Back massage, skin brush, back exfoliation, algae or mud wrap on the back and inner beauty facial.

ESPA PRE-NATAL RELAX & RESTORE

Nurture your changing body and calm your mind with this beautifully comforting treatment. Personalised to your needs and stage of pregnancy, the purest, most gentle formulas smooth and nourish skin while expert massage soothes tight, tender muscles and invokes a state of blissful relaxation. Guests must be from 12 to 32 weeks of gestation only.

BACK MASSAGE 30 MINS £46

FULL BODY MASSAGE 60 MINS £73



HANDS & FEET

Nails have their own DNA, their own specific strengths and weaknesses – just like hair and skin. It is impossible to treat all nails the same and keep them healthy.

PRESCRIPTIVE MANICURE

60 MINS £35

This nail and cuticle tidy includes a hand and arm massage followed by an application of colour polish.

DELUXE MANICURE WITH THERMAL MITTENS

75 MINS £40

Incorporating the Prescriptive Manicure, thermal mittens aid a deeper skin drenching of oils and creams, softening cuticles and improving circulation.

PEDICURE

60 MINS £40

A luxury foot treatment that will leave you with smoother, softer and revitalised feet, finishing with an application of colour polish.

DELUXE SPA PEDICURE

90 MINS £45

Incorporating the Pedicure, thermal booties will drench your feet with moisture and intensify absorption, followed by a relaxing foot massage.

FILE & POLISH ON HANDS OR FEET

30 MINS £20

CND SHELLAC NAILS

Shellac nails delivers a high shine, chip free finish for up to two weeks, and is designed to continue to protect the natural nail – from application to wear and soak-off removal.

CND SHELLAC APPLICATION

30 MINS £35

CND SHELLAC MANICURE

60 MINS £50

CND SHELLAC SPA PEDICURE

60 MINS £55

CND SHELLAC SOAK OFF*

30 MINS £15

CND SHELLAC SOAK OFF & REFRESH*

60 MINS £37.50

FRENCH POLISH TO ANY NAIL TREATMENT £3

*removal of Shellac only

Please note we cannot remove gel brands applied at other salons and spas, if you have a nail service booked with us please remove prior to your appointment.

THE GEL BOTTLE – BIAB BUILDER GEL

Nail treatment that promotes growth and stronger nails

BIAB APPLICATION ONLY (NO COLOUR ADDED)

60 MINS £40

File, cuticles and builder gel

BIAB APPLICATION AND COLOUR

75 MINS £45

File, cuticles, builder gel and colour

ADD BIAB TO MANICURE/PEDICURE

75 MINS £15 PER SERVICE

ADD BIAB AND COLOUR TO MANICURE/PEDICURE

90 MINS £20 PER SERVICE



SPA DAY PACKAGES

Indulge and pamper yourself with one of our luxury spa day packages. From little spa treats to ultimate top to toe experiences we have something for everyone.

All packages include up to 2 hours use of the spa, towels, robe and slippers.

MUM TO BE

Pre/Post Natal Treatment includes: Full Body Exfoliation, Back Massage, ESPA Scalp Massage, Prescriptive Manicure or Pedicure. Lunch and chocolates.

Guests must be from 12 to 32 weeks of gestation only.

WEEKDAY £155

WEEKEND £165

2.5 hours plus lunch

MALMAISON SPA TREAT

Choose from one of the following 55 minute treatments: ESPA Inner Calm Full Body Massage, ESPA Inner Beauty Facial, Express Facial and Back Massage, Exfoliating Salt Scrub & Back Massage, Deluxe Manicure or Deluxe Pedicure.

Lunch with a glass of fizz and chocolates.

WEEKDAY £95

WEEKEND £105

55 minute treatment plus lunch

MIDWEEK MAL MOMENT

Choose from one of the following 25 minute treatments: ESPA Inner Calm Back Massage, Express Facial, ESPA Scalp Massage, Salt and Oil Scrub, Gel Application on Hands or Feet. Includes £10 allowance for lunch in the bar.

WEEKDAY £69

25 minute treatment plus light lunch served in the bar with glass of Prosecco

Available Wednesday and Thursday Only.



AFTERNOON TEA SPA

2 x 25 minute treatments each – choose from Back Massage, Scalp Massage, Express Facial, Salt Scrub or File and Polish on hands or feet. Towel, robe, slippers and afternoon tea.

WEEKDAY £100

WEEKEND £110

IT'S ALL ABOUT ME

2.5 HOURS

ESPA intense regenerating facial, ESPA hot stone full body massage, salt scrub and scalp massage. Lunch with a glass of fizz and chocolates.

WEEKDAY £189

WEEKEND £199





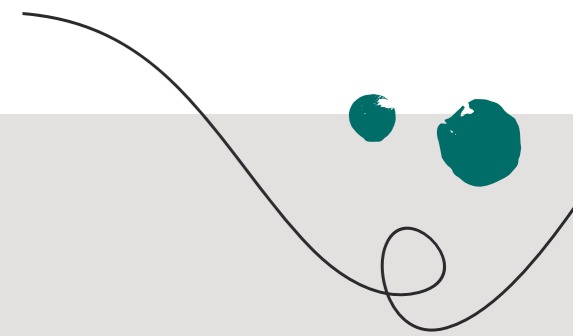
OVERNIGHT SPA EXPERIENCES

SPA NIGHT IN

30 minute spa treatment
Accommodation
2 course meal
Full cooked breakfast
Cocktail per person

SUNDAY SLUMBER

30 minute spa treatment
Accommodation
Full cooked breakfast



HEN PARTY HEAVEN

Book cocktail afternoon tea from 12.30pm

Served in Chez Mal brasserie

Arrival to spa from 3pm

Glass of Prosecco on arrival in the bar followed by

File and Polish on hands or feet

Check into accommodation

Refresh the morning after with:

Full cooked breakfast

30 min spa pamper, choose from: ESPA Rejuvenating Foot Massage,

ESPA Eye Treatment or ESPA Scalp Massage

Add an evening cocktail master class - price available on enquiry.

Don't see a package that suits your needs?

Please call us and we can happily make a bespoke package for you!

To book an overnight spa package

please call 0330 016 0380 or email theteam@malmaison.com





A large teal shape on the left side of the page, partially overlapping a vertical image of spa-related items like bath sponges and a loofah. A thin black line curves from the bottom of the teal shape towards the center.

Malmaison

malmaison.com

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